



***All About The Blues Series™**

By Fruteland Jackson

“TRY, TRUST and TRIUMPH”

B.I.T.S. Lesson Plan Outlines

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“Try, Trust and Triumph”

Lesson Plan Outlines

This is useful information to construct a lesson plan. It is designed to cover a wide range of age groups and grade levels and provides an outline or reference to discuss historical events, people and places. Cover areas where you are knowledgeable. Apply teaching standards for grade levels. If your primary function is to provide music instruction, another designated Artist/Instructor will provide other historical information:

Lesson Plan Outline Number 1

HISTORY OF THE BLUES

- A. Origin of the Blues (WEST AFRICAN CONNECTION)
- B. West African Griots
- C. Rituals and Taboos
- D. Field Hollers and Work Songs
- E. Minstrel era
- F. Founding Fathers in Blues

Lesson Plan Outline Number 2

WHAT IS THE BLUES? (FORM, STRUCTURE AND COMPOSITION)

- A. Structure of the Blues verse (AAB)
- B. Musical structure of the Blues (8/12 bars)
- C. Blues verse as poetry
- D. Construction of a Blues verse
- E. Composing Blues songs
- F. Participating in instrument workshops
- G. Call and Response structures

Lesson Plan Outline Number 3

THE BLUES IN AMERICA (REGIONALISM)

- A. The Mississippi Delta
- B. The East Texas Coast
- C. The Piedmont Region
- D. Founding Fathers of the Blues
- E. Chicago Style Blues
- F. Women in Blues

Lesson Plan Outline Number 4

BLUES RYTHMS, STYLES, SHUFFLES AND TURNAROUNDS

- A. Swing
- B. Ragtime Blues
- C. Shuffles
- D. Intros and Turnarounds
- E. Listening Sessions
- F. Blues Hybrids (rock and roll, jazz)

The Course Guide-(Cont'd)

Lesson Plan Outline Number 5

HOW TO PERFORM THE BLUES

- A. Solo performers, Duos and Bands
- B. Acoustic vs. Electric
- C. Vocals (breathing techniques)
- D. What is a live performance (sets, concerts, festivals and interviews)
- E. Understanding audiences
- F. Practice, Rehearsals and Play lists
- G. Care of your Instruments

Lesson Plan Outline Number 6

PUTTING IT ALL TOGETHER

- A. The Blues Performance (as a ritual)
- B. The Roll of the Blues Performer
- C. Showcasing
- D. Book Report
- E. Additional Studies

***Note:** Lesson Plan outlines may be combined or consolidated to fit class time, class size and goals. If certain Blues lyrics are considered objectionable, inappropriate or offensive to students, parents, teachers, or administrators we shall consider removing or altering the lyrics.*
